

Ballroom Class Schedule:
Monday Evenings 7:30 – 8:30
Taught by Marian Norman

**Six major “American Style” ballroom dances will be taught during the dance year
August 24, 2009 – May 24, 2010**

**Major Dances are: Foxtrot, Waltz, Tango, Cha Cha, Rumba, East Coast Swing,
Some optional dances that may be taught are: Samba & Shag**

August 24, 31	Introduction to Ballroom Dancing (smooth & rhythm)
September 28, October 5, 12	Foxtrot
October 19, 26	Merengue
November 16, 23, 30	Cha Cha
December 7, 14	Rumba
January 4, 11, 25	Social Slow Dance
February 1, 8, 15, 22	Tango
March 1, 8, 15, 22	Waltz
April 5, 12, 19, 26	East Coast Swing
May 3, 10, 17, 24	Students’ Choice

1. Foxtrot: smooth American dance
2. Merengue: popular on cruises and great introduction to Latin dance techniques
3. Cha Cha: spicy, Cuban quick dance
4. Rumba: Latin dance of love
5. Social Slow Dance: using Latin patterns we’ll be dancing a 2-step to slow music
6. Tango: strong passionate dance
7. Waltz: graceful, elegant and romantic